



# PE Overview 2022 – 2023

Subject to change based on the needs of the children.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	EYFS - FMS - Castles	EYFS - Fundamental Movement Skills	EYFS - FMS - How to catch a star	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Hungry Caterpillar	EYFS - FMS - Seaside
Reception	EYFS - FMS - Rosies Walk  EYFS - Fundamental Movement Skills	EYFS - FMS - Transport  EYFS - FMS - Mini Beasts	EYFS - FMS – Superworm  EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Space  EYFS - FMS - Hungry Caterpillar	EYFS - FMS - Seaside  EYFS - FMS - How to catch a star	EYFS - FMS - Elmer EYFS - FMS - Rumble in the jungle
Year 1	Year 1 – FMS Baseline Unit – Lost and Found  Year 1 – FMS Baseline Unit - Supertato	Year 1 – FMS Rolling a ball  Year 1 – Gymnastics Activities 1	Year 1 – FMS Overarm throw  Year 1 – Gymnastics Activities 2	KS1 – Year 1 – Dance Toy Story  Year 1 – FMS Throw underarm	KS1 – Year 1 – Dance Three Little Pigs  Year 1 – FMS Catching and Bouncing a ball	KS1 – Year 1 – Athletics  Year 1 – FMS Tri Throlf
Year 2	Year 2 – Dance Once Upon A Time  Year 2 – Dance Moving Along	KS1 – FMS – Supertato  Year 1 – FMS Catching and Bouncing a ball	Year 2 – FMS Bouncing a ball  Year 2 – OOA – The Great Outdoors	Year 2 – FMS Playground games in the 20 <sup>th</sup> Century Year 2 – Games – Net and Wall	Year 2 – Dance Seaside  Year 2 – Games – Striking and Fielding	KS1 – Year 2 – Athletics  Year 2 End of KS1 Assessment
Year 3	Year 3/4 – Dance Superheros  Year 3 – Invasion Games – Netball	Year 3 – Gymnastics Activities 1 Year 3/4 – Games – Net and Wall Unit Core Task 1	Year 3/4 – Creative Games – Tag and target Year 3 – Gymnastics Activities 2	Year 3/4 – Dance Myths and Legends  Year 3/4 – OOA – Trust and Trails	Year 3/4 – Games – Striking and Fielding – Rounders  Year 3 – Invasion Games – Rugby	Year 3/4 – Athletics Activities  Year 3/4 – Games – Net and Wall Unit Core Task 2



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Year 4	Year 3/4 – Dance Sparks Might Fly  Year 4 – Invasion Games – Basketball	Year 4 – Gymnastics Activities 1 Year 4 – Invasion Games – Rugby	Year 3/4 – Dance The Great Plague  Year 4 – Gymnastics Activities 2	Year 4 – Invasion Games – handball  Year 3/4 – OOA – Team Work & Problem Solving	Year 3/4 – Games – Striking and Fielding – Cricket  Swimming Summer 1	Year 3/4 Athletics Activities  Year 3/4 Games – Net And Wall Unit Core Task 2
Year 5	Year 5/6 – Dance Food, Glorious Food  Year 5/6 Athletics Activities	Year 5/6 – Net and Wall Games – Tennis  Year 5 Gymnastics Activities 1	Year 5/6 – Dance Earthlings  Year 5 Gymnastics Activities 2	Year 5/6 – Invasion Games – Rugby 1  Year 5 Orienteering	Year 5/6 – Games – Striking and Fielding – Cricket  Swimming Summer 1	Year 5/6 – Games – Striking and Fielding – Rounders  Year 5/6 Badminton
Year 6	Year 5/6 Athletics Activities  Year 5/6 Creative Games	Year 5/6 – Dance Seaside  Year 5/6 – Invasion Games - Hockey	Year 5/6 – Dance Heroes and Villains  Year 6 Gymnastics Activities 2	Year 5/6 – Invasion Games – Netball  Year 5/6 – Invasion Games – Rugby 1	Year 6 Gymnastics Activities 1  Year 5/6 – Invasion Games – Rugby 2	Year 5/6 – Games – Striking and Fielding – Cricket  Year 5/6 – Games – Striking and Fielding – Rounders